





CONTACT

109 BIG A RD. • TOCCOA, GA 30577

PHONE: 1 (706) 886-0940 FAX: 1 (706) 886-0941 EMAIL: OPENARMSGA@GMAIL.COM WWW.OPENARMSCLINICGA.COM

HOURS

TUESDAYS: 2PM-8PM · WEDNESDAYS: BY APPT. ONLY · THURSDAYS: 9AM-5PM

# GAME NIGHT

Fun & games for a great cause!































The results are in!

## After expenses, our annual FUNdraiser raised \$17, 070.10



THANK YOU TO ALL OF OUR GENEROUS DONORS FOR HELPING TO MAKE THIS NIGHT A *ROARING* SUCCESS!



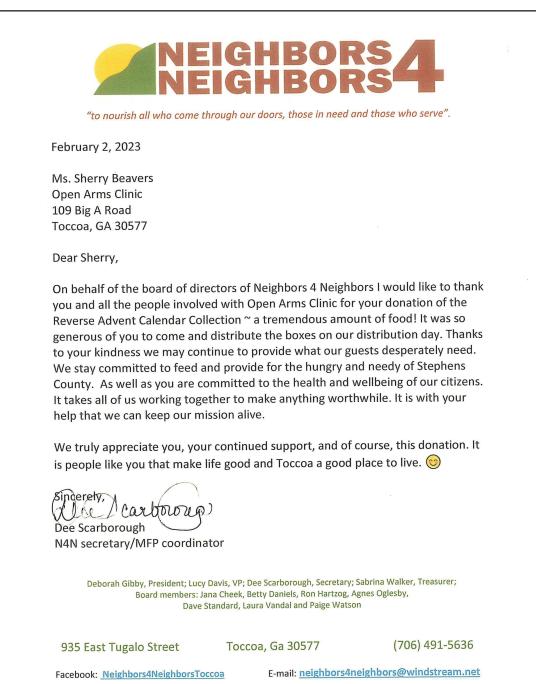


GAME NIGHT 2024: SATURDAY, FEBRUARY 3RD!

## Reverse Advent Calendar 2022

January 4<sup>th</sup>, 2023 was a cold, rainy day on which we were able to bring a little sunshine into 55 families' lives. 9 Open Arms Clinic volunteers gathered with Neighbors 4 Neighbors and distibuted the food boxes you donated for the 3<sup>rd</sup> annual Reverse Advent Calendar.

### Thank you for your generosity!



# UPCOMING EVENTS



### TICKETS ARE AVAILABLE STARTNG APRIL 1<sup>st</sup>!



WE ARE PLEASE TO HAVE BEEN CHOSEN FOR THE WALGREENS DONATION PROGRAM

MARCH 1<sup>st</sup> - MAY 31<sup>st</sup>







how to donate Walgreens Cash rewards to charity

in-ACT



Now you can donate your Walgreens Cash rewards to make an impact on causes you care about. You'll earn unlimited 1% Walgreens Cash rewards when you shop and you can choose how much to donate. It's that easy.



like to contribute \$1, \$5, or more of your Walgreens Cash rewards you'll be making a big difference. It really adds up!

Help communities you care about by donating your Walgreens Cash rewards.

my**Walgreens** 



# PATIENT PROGRAMS



SWEET FEET IS AN ADJUNCT TREATMENT FOR PATIENTS WITH DIABETES; OFFERING THEM A TARGETED EDUCATIONAL EXPERIENCE, AS WELL AS A FOOT ASSESSMENT IN A RELAXING, THERAPUTIC ENVIRONMENT, PERFORMED BY A REGISTERED NURSE. WITH REGULAR ASSESSMENT AND COMPREHENSIVE REVIEWS OF DAILY BLOOD SUGAR LOGS AND QUARTERLY LAB WORK, WE EXPECT OUR PATIENTS TO EXPERIENCE BETTER

UNDERSTANDING AND COMPLIANCE, AS WELL AS MORE NORMALIZED BLOOD LEVELS. THEY SHOULD THEN EXPERIENCE FEWER DIABETIC COMPLICATIONS.

WE ARE PROUD TO HAVE PARTNERED WITH GIVINGHEALTH IN ORDER TO PROVIDE OUR PATIENTS WITH A MORE COMPREHENSIVE AFTER HOURS HEALTH CARE OPTION. THIS WILL PROVIDE OUR PATIENTS WITH THE MEANS TO AVOID UNNECESSARY HEALTHCARE SYSTEM UTILIZATION (ER) AND RESULT IN COST SAVINGS TO THE COMMUNITY.



24/7 ON-DEMAND TELEHEALTH ACCESS FOR PARTNERS

#### OUR PATIENTS NOW HAVE ACCESS TO FREE TELEMEDICINE & MENTAL HEALTH COUNSELING!

## FECAL IMMUNOCHEMICAL TEST (F.I.T.)



BEGINNING IN MARCH 2023, WE HAVE PARTNERED WITH UNIFIED HEALTHCARE FOR THE RURAL UNDERSERVED TO ACHEIVE OUR COMMON GOAL TO HELP UNDERSERVED GEORGIANS GET SCREENED FOR COLON CANCER.

### Georgia Colon Cancer Prevention Project

UHRU HAS PROVIDED US WITH SCREENING TESTS, FREE OF CHARGE, AS WELL AS A \$500 GRANT. IF A PATIENT TESTS POSITIVE, HE/SHE WILL BE REFERRED ON TO HAVE A COLONOSCOPY, PER OUR PROTOCOL. THE GRANT MONEY WILL BE USED TO PROVIDE GAS FOR TRANSPORTATION TO AND FROM THAT PROCEDURE.





We have several carloads of donations for Samaritan's Purse. If you are going anywhere near Boone, Wilkesboro, or Blowing Rock, NC, please consider dropping a load off for us. For information on their mission, please check out their website: https://www.samaritanspurse.org/

## COMMUNITY

IN AN EXPANSION TO OUR **EMBRACING ELDERS** PROGRAM WE HAVE BECOME A HOST AGENCY FOR OUR SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM. *SCSEP* IS A FEDERALLY FUNDED EMPLOYMENT TRAINING PROGRAM FOR UNEMPLOYED, LOW-INCOME ELIGIBLE ADULTS, AGED 55+, WHO HAVE POOR EMPLOYMENT PROSPECTS. ALL WAGES ARE PAID THROUGH *LEGACY LINK*. WE ARE PROUD TO OFFER TRAINING TO 2 PARTICIPANTS, CURRENTLY.



WE ARE ALWAYS PROUD TO SUPPORT OUR LOCAL HOSPITAL, STEPHENS COUNTY. ABOVE, WE ARE PARTICIPATING IN SCH'S BREAST CANCER CAMPEIGN, **PAINT THE TOWN PINK**!

Director's Corner

#### WE DO NOT REMEMBER DAYS, WE REMEMBER MOMENTS CESARE PAVESE

It was December, and I stood at the door to Walmart, assessing whether I needed to mask or not before I entered. Flu was rampant in our area, Covid had yet another variant circulating and we had just lost a patient to Tuberculosis. I was 3 weeks post op; my husband was scheduled for surgery in one week and I still had a week in the clinic left before Christmas. I was greeted with a cacophony of coughing, nose blowing and gravelly voices as I listened to the interior of the packed store. Considering the above, I chose to put on the mask. Yes, I'm tired of them too. I'm so over it. But, I knew it was the least I could do to protect myself, my family, staff, volunteers and patients. Eventually I made my way to the shampoo aisle perusing the innumerable choices when a woman with a teenage girl rounded the corner. She stopped and said loudly to her daughter, "I wonder when these idiots will ever stop wearing their %^&\* %^&\* masks?" The girl gave her a horrified glance and moved on to the next aisle guickly. I stopped as indignation and anger overcame me, took a deep breath, and chose to be the bigger person. I chose my shampoo and made my way to the end of the aisle silently. But she wasn't done. "Hey Stupid, didn't you hear me? I'm talking to you!" I turned, took a breath, and quietly told her she knew nothing of my life, my health, my work, etc. to judge my choices. She loudly pronounced, "Well I know you are a fat a- -, and I take care of myself and exercise, so I don't have to worry about getting sick." I just shook my head and continued to walk away as she shouted accusations at my back. I was shaken to my core. All I could think was, "Why am I here, in this time and this place? Toccoa, Georgia? These are not my people!" In the aftermath of the pandemic, we have all continued to suffer the divisive effects of the controversy Covid generated among us. I had hoped as time passed, those differences would dim in view of realizing the value of friends and family. Clearly, I thought, I was wrong. This was never going to get better. I went home and announced to my family that I was finally ready to consider their constant demand to move. To say I was discouraged is the tip of what I was feeling.

And so, the season moved on. My mood was glum and her voice echoed in my ears on and off, reminding me that THIS is not where I wanted to be. While I usually received requests from the public about helping with the needy, I hadn't received one (further proof -- in my mind -- that I was in a place that had lost its heart and caring for one another). Then I read a request in my FB group, "Stephens County Buy Nothing". It was a plea for a child who had recently been placed with her grandmother (so clearly something was amiss family wise). The grandmother was already working two jobs to keep afloat and had missed all the deadlines for Angel Tree etc. She was very concerned that this young girl would have nothing for Christmas. Was there help available in the community? The plea came from a family member. I thought this was something I could help with. So I put out a plea to our subscribers. Within minutes, I received the first call, and they continued to come. Within hours, we had a complete Christmas promised. The calls kept coming and I told them we had what we needed. What about the grandmother, they asked? I contacted the family member. "She could use some new black tennis shoes to work in. Hers are duct taped together." And so, the grandmother was added to the list. Is anyone doing stockings? Has anyone provided food for Christmas dinner? My staff and I had a wrapping party as the gifts flowed in! We were stunned by the abundance of gifts...and yet they came. How many toys and coloring books, colors and games could one young girl use, I wondered?

Director's Corner (continued)

In the meantime, I became aware of a needy elderly family for whom one had recently lost a job and the other was not scheduled for two weeks of the Christmas season. The lost wages of the worker would financially devastate them over Christmas. I was concerned about utilities, food, and yes...Christmas for them. But how could I help? It was the 22nd of December! Surely it was too late to ask for help! I thought of the very needy families I personally knew of and prayed they would have what they needed. I had no expectation of an answer.

#### And then the season of miracles began!

The family member who had made the request on behalf of the grandmother and child came to pick up the gifts. As their older, dilapidated van pulled in, their three young children ensconced in car seats, I began to see how this abundance of presents would be used! The 2-year-old quickly plucked an apple from one of the grocery sacks, as the others eyed the gaily wrapped gifts tumbling around them. The father was in his mechanic clothes and told me how he wished he had been able to help his mother and his niece, but he struggled to provide for his own. I told them there was more than enough to provide for a wonderful Christmas day for all of them. They were overwhelmed! The smiles and laughter emanating from that van as it pulled away on its Christmas mission was something I wished I could share with all who donated! I stood in my driveway in wonder.

I received an unexpected text from one of our providers who told me to go to his accountant and he would have a check for me to use for the good of the community however I saw fit! It was enough to cover the exact amount needed by the family without work, with a bit left over! Tears were shed when this envelope containing money and hope was given! I used the remaining amount to provide food for one of my needy families!

And the last but not the least of the Christmas Miracles of 2022; I received a call from one of my Board members who said she wanted to provide food for 3 families. Three! The exact number of remaining families on my mental list! The last family came by on Dec 24th, after we had gone to bed. My phone rang and it was my former patient standing on my front porch. "Which bag do I take?" I was able to say, "All of them! They are all for you! Merry Christmas!" She began to cry.. with relief, with joy, with gratitude.

Christmas morning, as I reflected on the past few days filled with awe inspiring events, I discovered I no longer heard the angry voice of the woman in Walmart, instead I heard the laughter of excited children anticipating a Christmas like none they had ever experienced. I remembered the hug I received from the family who was out of work, the unbelievable gratitude of those who were gifted food.

I no longer remember that day in Walmart. I remember the moments that I am privileged to experience nearly every single day BECAUSE I live in a community filled with generous loving human beings who genuinely care for one another. These ARE my people!

Thank you for restoring my faith when it was flagging. Thank you for making life so much better 365 days a year for those who come to Open Arms Clinic for medical assistance. . I am grateful. I am blessed and humbled to live among each of you.

Love, Sherry

THERE ARE PEOPLE WHOM ONE LOVES IMMEDIATELY AND FOREVER. EVEN TO KNOW THEY ARE ALIVE IN THE WORLD WITH ONE IS QUITE ENOUGH

NANCY SPAIN

## **VOLUNTEERS**

#### PROVIDERS/PHYSICIANS

• MEDICAL DIRECTOR: DR. THOMAS YATES, NGPG • MEDICAL DIRECTOR: DR. JIM WADE, SCHPG

- DR. HARRY MCDONALD
- DR. LENKA NOVOTNADR. ROBERT QUICK
- CAMILLA CORREIA, PA
  TRAVIS DOBBS, PA

• DR. TOD BETHEA

DENTISTS

DR. SAMUEL CASTILLO • DR. VASCO LOWERY • DR. BETH LOWERY

**OPTOMETRISTS** 

DR. LINDSAY MARTIN • DR. KEVIN VANDERHOEF • DR. KEN SCHNEIDER • DR. ASHLEY FORTNEY

#### PHYSICAL THERAPY

DEBRA YATES, PT / PHYSICAL THERAPY SPECIALISTS • ANGIE KING, PT / SOUTHERN REHAB

#### PHARMACY

STEVE SPRUILL, RPH • JEB WATKINS, RPH • SAMMY BROWN, RPH • MADDOX DRUGS

#### NURSING

CALLIE SMITH • JUDY GARNER • CAROL DONNELLY • MARIE MAYNER • SUZANNE MCDONALD Shari Jalovick • Deana Bethea • Beverly Garside • Joy McCollum • Bob Karram

#### RECEPTIONISTS

MARGARET GUNN • KAREN CONKLE • SUSAN MAGEE • WINDY CHARLES • CAROL GRUBER SUSAN PATTON • JAYNE SNELL • ROSEMARY BALLARD • LAKIE MEEKS • SHARON BROWN

#### REGISTRARS

JOHN "BARNEY" COLLINS • FRANK PATTON • AL KOLE

#### STUDENT VOLUNTEERS/INTERNS PHYSICIAN ASSISTANT STUDENTS, BRENAU UNIVERSITY KRISTEN JARRETT, GA SOUTHERN COLLEGE OF NURSING

#### MISC. VOLUNTEERS

DAVE SCHREIBER • KELLY STANCIL • JIM DONNELLY • JERRY SNELL • PHIL GRUBER PHIL GRUBER • GEORGE BEAVERS • DOUG ALLEN • BILL STEPHENS MEN OF THE COMMUNITY ...AND MANY OTHER INDIVIDUALS WHO SHARE THEIR TIME, WHEN NEEDED

MEAL PROVIDERS EVERY TUESDAY NIGHT, A LOCAL RESTAURANT DONATED MEALS TO FEED OUR VOLUNTEERS







#### STAFF

SHERRY BEAVERS, *EXECUTIVE DIRECTOR* VANESSA SMITH, *DIRECTOR OF MARKETING & REFERRAL COORDINATOR* LARAINE BETTS, *ADMINISTRATIVE STAFF* DONNA DISQUE, *LEGACY LINK* • SHERRI STEPHENS, *LEGACY LINK* 

#### **BOARD OF DIRECTORS**

 MICHELLE JAMIESON, CHAIR
 JOHN "BARNEY" COLLINS, CO-CHAIR
 PHYLLIS AYERS, TREASURER
 STACY MILLER, SECRETARY
 KAY ROYAL
 FREDDA WHEELER
 BRIAN ROCKWELL
 DENNIS WILSON
 SHARLEEN STINESPRING JOLEY STRICKLAND
 DELISA CHRIST
 GAIL FRY

#### SPECIALTY REFERRAL SERVICES

STEPHENS COUNTY HOSPITAL • NORTHSIDE HOSPITAL • NEGMC • NGPG • AVITA • GIVINGHEALTH

#### **COMMUNITY PARTNERS**

NEIGHBORS 4 NEIGHBORS • STEPHENS COUNTY CONNECTIONS • SALVATION ARMY NINTH DISTRICT • HABITAT FOR HUMANITY • LIONS CLUB UNIFIED HEALTHCARE FOR THE RURAL UNDERSERVED • CHURCHES OF THE COMMUNITY



Georgia Charitable Care Network & National Association of Free and Charitable Clinics

TO OUR NEWSLETTER RECIPIENTS: YOU ARE OUR GREASTEST AMBASSADORS. PLEASE SHARE OUR STORY WITH YOUR CHURCH, YOUR NEIGHBORS. AND CO-WORKERS.